



Resource Pack Overview

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Platform 6:

My Dental Visit – Lesson Plan KS1

(Including reception)

Key Message(s)	Make friends with a dentist and visit them regularly	Materials Required	Time
GRAB attention Object? Joke? Fact?	Teacher holds up plastic mouth mirror and asks "What is this? Who uses it? Why?" (Kids may pass around for closer look)	Plastic mouth mirror	30 seconds
SHARE the L.O (learning objective) with the students	"By the end of this activity you will understand what happens at a dental check-up and be able to list 3 reasons why it is important to visit a dentist regularly"	Smile	30 seconds
RECALL current knowledge What do they know now?	Ask closed Q's to quickly find out about previous experience: A Hands up who has been to see a dentist? B Who saw them in a library? School? Dental Practice? C Who has had a ride in the dental chair? D Who opened really wide like a roaring lion to let the dentist count their teeth? E Show me! F Were the dental team friendly?	Platform 6a: "My Dental Visit Set Up PDF."	1 minute
PRESENT new information	Share other reasons not already mentioned. "As well as counting your teeth the dentist will shine their bright light and use their dental mirror to check that your teeth and gums are healthy. They will tell you how good you are at brushing and might give tips on how to get even better! Often they do give stickers to great patients."	As above	1 minute
GUIDE How to perform the activity	Let's dress up and role-play! In pairs or 3's choose who will be the dentist or patient (and receptionist) Select relevant PPE to wear (see characters and props on Platform 6a My Dental Visit PDF) Get feedback to check the students understand what to do.	Platform 6b: "My Dental Visit Role-play KS1 PDF."	1 minute
PRACTICAL	Let's do it!! Dress-up into character Role-play N.B. "Dentists" to pretend to use mouth mirrors unless using a new one for each "patient" (Script on Platform 6b Dental Visit Role-play PDF)	Chairs (set up) Mask, visor, gloves, sunglasses, bib, plastic mirrors, scripts, stickers	4 minutes
ENHANCE retention Encourage students to apply to personal contexts	Discuss with a partner: 1 Can you think of 3 reasons why it is important to visit a dentist? 2 Was it like the role-play when you went to the dentist for real?	Smile	30 seconds
RESET	Take off all dress-up items. Leave as found them for next group	Smile	1 minute
TRAVEL By train	Choo choo with locomotion arms around the room to the next activity station	Smile	30 seconds



Platform 6:

My Dental Visit – Lesson Plan KS2

(In KS2 classes, each group can nominate a 'reader' to share task instructions)

Key Message(s)	Make friends with a dentist and visit them regularly	Materials Required	Time
GRAB attention Object? Joke? Fact?	Pass around a plastic mouth mirror and answer these questions: "What is this? Who uses it? Why?"	Plastic mouth mirror	30 seconds
SHARE the L.O (learning objective) with the students	"By the end of this activity you will understand what happens at a dental check-up and be able to list 3 reasons why it is important to visit a dentist regularly"	Smile	30 seconds
RECALL current knowledge What do you know now?	Discuss Q's to quickly find out about previous experience: A Hands up who has been to see a dentist? B Where did you visit them? C Who has had a ride in the dental chair? D What happened at your check-up? E What did the dentist do? F What did you do? G Were the dental team friendly?	Platform 6a: "My Dental Visit Set Up PDF."	1 minute
PRESENT new information	Share other reasons not already mentioned. "As well as counting your teeth the dentist will shine their bright light and use their dental mirror to check that your teeth and gums are healthy. They will tell you how good you are at brushing and might give tips on how to get even better! Often they do give stickers to great patients."	As above	1 minute
GUIDE How to perform the activity	Let's dress up and role-play! In pairs or 3's choose who will be the dentist or patient (and receptionist) Select relevant PPE to wear (see characters and props on My Dental Visit Set Up PDF)	Platform 6c: "My Dental Visit Role-play KS2 PDF."	1 minute
PRACTICAL	Let's do it!! Dress-up into character Role-play N.B. "Dentists" to pretend to use mouth mirrors unless using a new one for each "patient" (Script on Dental Visit Role-play PDF)	Chairs (set up) Mask, visor, gloves, sunglasses, bib, plastic mirrors, scripts, stickers	4 minutes
ENHANCE retention Encourage students to apply to personal contexts	Discuss with a partner: 1 Can you think of 3 reasons why it is important to visit a dentist? 2 Was it like the role-play when you went to the dentist for real?	N/A	30 seconds
RESET and tidy station	Take off all dress-up items. Leave as found them for next group	Smile	1 minute
REVOLVE to the next activity station	In a clockwise direction or as directed by teacher	Smile	30 seconds



My Dental Visit – Set Up

Platform 6a:



Set up 4 chairs and a table like a waiting room with reception desk



Set up 2 chairs together to be a dental chair and 1 more for the dentist



Equipment Required:

- Sunglasses
- Optional Toy Phone
- Dental Stickers
- Book or Magazine
- Copies of Role-play script
- Masks
- XS gloves
- Visors
- Bibs
- Plastic mouth mirrors

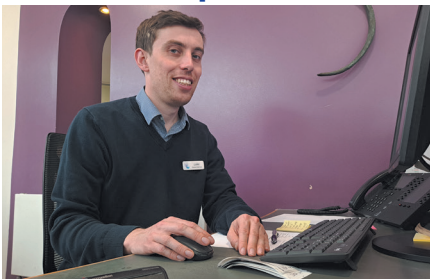
Ask your local dental practice if they will kindly donate the PPE items otherwise they can be sourced online (see resources links page)



Quantities of each item – if a class of 30 is divided between 6 stations = into groups of 5 = 1 receptionist, 2 dentists and 2 patients. So, if you have enough space, could run 2 simulation surgeries at the same time and share a receptionist like a real dental practice. Smaller groups of 4 could have 1 receptionist, 1 dentist and 2 patients seen together at same appointment like a family visit.

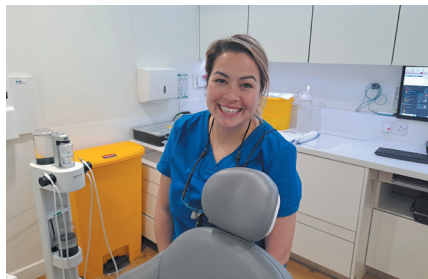
Characters and Props

Receptionist:



- Dental Stickers
- Optional Toy Phone
- Book or Magazine on waiting room chair

Dentist:



- Mask
- Visor/Eye protection
- Gloves
- Plastic mouth mirror

Patient:



- Sunglasses
- Tie on bib/drape



N.B. "Dentists" to pretend to use mouth mirrors unless using a new one for each "patient"

Platform 6b:

My Dental Visit – Role-play KS1



Receptionist: Hello. Welcome

Patient: Hello.



Receptionist: Please sit down and wait.

Patient: Thank you.



Dentist: Hello. I'm Doctor Jones. Please follow me.



Dentist: Can I check your teeth and gums?

Patient: Yes please.

Dentist: Lie back and have a ride in my chair

Patient: Cool. Thanks.



Dentist: Open wide so I can count your teeth.

Patient: (opens wide)

Dentist: Your brushing is good. Well done.

Patient: Thank you.



Dentist: Will you come back again in 6 months?

Patient: Yes

Dentist: The receptionist will give you a sticker.

Patient: Great. Goodbye.

Visit your dentist regularly because:

- Friendly faces who will check to see if your smile is healthy.
- Answer questions you have about your mouth.
- They can show you how to brush brilliantly.
- Healthy eating advice.
- You might even get a sticker!





N.B. "Dentists" to pretend to use mouth mirrors unless using a new one for each "patient"

Platform 6c:

My Dental Visit – Role-play KS2



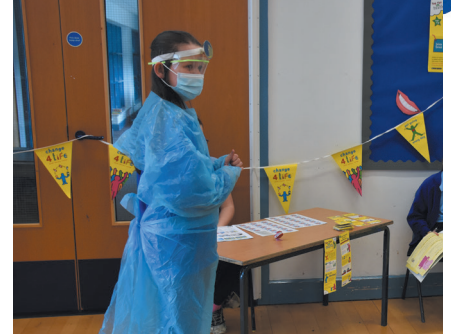
Receptionist: Hello. Welcome to our practice.

Patient: Hello. I have an appointment for a check-up.



Receptionist: Please take a seat. The dentist won't be long.

Patient: Thank you.



Dentist: Hello. I'm your dentist. My name is Dr. Jones. Please follow me to the surgery.



Dentist: Can I check the health of your teeth and gums?

Patient: Yes please.

Dentist: Here's a bib and dark glasses for you to protect your eyes and clothes. Lie back and have a ride in my chair.

Patient: Cool. Thanks.



Dentist: Open wide so I can count your teeth.

Patient: (opens wide)

Dentist: Your brushing is good. Well done.

Patient: Thank you.

Dentist: Do you use fluoride toothpaste?

Patient: Yes & I spit and don't rinse afterwards. My teacher told me it's better not to wash off the fluoride.



Dentist: Will you come back again in 6 months?

Patient: Yes

Dentist: You can book an appointment with the receptionist and he will give you a sticker.

Patient: Great. Goodbye.

Dentist: Keep up the good work. Goodbye. appointment with the receptionist and he will give you a sticker.

Visit your dentist regularly because:

- Friendly faces who will check to see if your smile is healthy.
- Answer questions you have about your mouth.
- They can show you how to brush brilliantly.
- Healthy eating advice.
- You might even get a sticker!

